

ATTACHMENT LEVEL 1 Theory ✨ OCT 12 & 13, 2023*

A healthy attachment between an infant and loving caregivers creates a lasting sense of security and safety for the child. This allows for optimal growth, development, relationships, and learning. When the attachment relationship is disrupted or fails to develop, children feel insecure, unsafe and anxious. Not only does a person's behaviour develop under the influence of attachment but actual brain development is affected by early attachment interactions.

The goal of this workshop is to give an understanding of how these early attachments affect our actions throughout life. Through presentations, stories, videotapes and small groups, participants will learn to identify different types of attachment patterns. Ultimately, understanding the attachment model of counselling helps provide valuable insight and skill to those of us in therapeutic, education, and caregiving roles.



ATTACHMENT LEVEL 2 Applications & Techniques OCT 26 & 27, 2023*

Following Level One, this workshop will focus on enhancing service providers observation skills, strengthening their knowledge of developmental ages and stages, and using the Attachment, Regulation, and Competency Model to explore age specific interventions for different attachment patterns. The focus will be on observation skills, applying the theory learned in Level One to clinical examples, and exploring general attachment interventions, as well as age specific parent/child and individual child interventions using the Attachment, Regulation, and Competency Model. ✨



IN PERSON @ 228 HAMEL AVE =
\$675 for BOTH LEVELS or
\$350 for ONE LEVEL
Includes lunch & snacks

ZOOM = \$475 for BOTH LEVELS
or \$250 for ONE LEVEL

(must have taken Level 1 to register for Level 2)

*9 AM - 4 PM daily



REGISTER @ aulneau.com

Presented by Julie Walsh, MSW, RSW

