

CHILD-CENTRED PLAY THERAPY

Approaches and Techniques



JANUARY 18, 2024
9 AM - 4 PM
228 HAMEL AVE.
\$225
(INCL. BREAKFAST,
LUNCH & SNACKS)

Non-directive or child-centred therapy was developed by Virginia Axline, who was influenced by Carl Rogers and person-centred approaches.

Following this model, participants will learn how to use a range of play materials to help children explore their traumas and losses. Topics included are common themes in play therapy, symbolism, and reflection techniques.

This experiential workshop is designed specifically for therapists and counsellors. Come ready to participate in play therapy interventions to gain useful insights for working with children.

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