

APPLIED SUICIDE INTERVENTION SKILLS TRAINING

ASIST \$325
WORKSHOP

SEPTEMBER 12 & 13, 2024
8:30 AM - 4:30 PM
Lunch & snacks included!



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For more information, visit livingworks.net



Applied Suicide Intervention Skills Training is a two-day, interactive, skills-based workshop that prepares people to provide suicide first aid using a unique 6-task model.

What Will You Learn?

In LivingWorks ASIST you will learn how to help someone thinking about suicide develop a personalized SafePlan to keep safe-for-now and connect with further help. You will learn to apply a Safety Framework to guide the development of this SafePlan through a collaborative helping relationship. You will also consider how personal and community attitudes about suicide affect someone's openness to seek help and your ability to provide it. This workshop will increase your willingness, confidence, and capacity to provide suicide first aid.

