

NOVEMBER 14 & 15
9 AM - 3:30 PM



A child's brain undergoes significant changes in the first few years of life and is highly sensitive to their experiences and environment. Neurodevelopmental research shows that traumatic events occurring in these first few years of life can have long-term impacts on social, emotional, mental, and physiological functioning later in life, if left unidentified and not processed. This workshop will introduce the neurobiological effects of early developmental trauma upon the brain and resultant behaviour. Methods for working effectively with children and adults who have suffered from ongoing, recent and past neurodevelopmental trauma will be discussed. The goal of this workshop is to give counsellors, therapists, social service and mental health care providers a greater understanding of trauma from an attachment perspective and to introduce effective interventions that incorporate the body, mind, and emotions. This information will be of interest to anyone working with children, adolescents, adults and families.

In-Person: \$300
Includes lunch
& snacks!

Zoom: \$200

Day 1 covers the material needed for effective assessment of both trauma and attachment, and how they intersect. Day 2 focuses on treatment interventions directly related to and linked with assessment findings.

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